

Ref ROA/ACO
April 2018



Dear Parents / Carers,

Subject: Energy and high sugar drinks.

I write to inform you of some action that we intend to take within school, following some action from the government on energy drinks. The Government have now banned the sale of energy drinks for under 16s. The label on the side of cans says that they are 'Not recommended for children' but research shows that they're consumed by 78% of adolescents and 18% of under 10s.

The health implications to children are massive with scientific studies showing not only the issues with rotting teeth from the high sugar content but also damage to internal organs and in extreme cases heart failure. Other side effects include shaking hands, feeling angry and stressed, hyperactivity, feeling tired and unable to concentrate.

At Werneth we have decided to follow governmental guidelines and are now banning energy and high sugar drinks in school. We ask you to ensure your child does NOT bring them into school and suggest that you do not give your child money to buy these products. We are speaking to all students about this in assembly this week. These products include all high energy drinks such as Lucozade, LSV, and all fizzy high sugar drinks including Coke and Pepsi

If students do bring them into school they will be confiscated and returned only at the end of the day.

Drinks can be purchased in school, but these drinks are water, flavoured water and no added sugar drinks. All of which can be bought in school from the canteen and vending machine using fingerprint scanning. We therefore recommend you using parent pay to put money on your child's account therefore releasing the need to give them money. If you require a copy your parentpay account details, your password resetting or a unique bar code so you can top up your child's account at any paypoint station with cash, please contact the school office.

Water is also always available in school from any sink and the drinks fountain for your child to fill up their bottle.

Thank you for your continued support.
Yours sincerely,

Mr Andrew Conroy

Harrytown Romiley Stockport SK6 3BX

T: 0161 494 1222 F: 0161 494 1397 Headteacher: Mr A Conroy
www.wernethschool.com E: admin@wernethschool.com

